

AUTUMN TERM 2023 WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	SNACK	SNACK	SNACK	SNACK
Bread & Butter (G,D)	Overnight Oats (O,D)	Fruit Bread (G,D)	Crackerbread (G,D)	Toast (G,D)
Fruit	Fruit	Fruit	Fruit	Fruit
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Sweet and Sour Chicken with Rice	Soft Cheese Crackers (G,D)	Super Vegetable Pasta (G)	Herb Bread (G,D)	Gammon and Roast Vegetables
Yoghurt with Fruit (D)	Fish Fingers, Waffles and Sweetcorn (F)	Jelly	Hot Pot (G,C)	Ice Cream (D)
TEA	TEA	TEA	TEA	TEA
Hash Browns & Spaghetti Hoops (G)	Hot Dogs and Vegetable Sticks (G,D,S)	Baked Potatoes with Cheese (D)	Sandwiches with Vegetable Sticks (G,D)	Ravioli with Bread and Butter (G,D,E)
Flap Jack (O)	Yoghurt (D)	Fruit Salad	Yoghurt (D)	Tray Bake (G,E)

G=Gluten; D=Diary; S=Soya; F=Fish; E=Eggs; N=Nuts; M=Mustard; C=Celery; O=Oats

AUTUMN TERM 2023 WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	SNACK	SNACK	SNACK	SNACK
Bread Sticks (G,D,S)	Crumpets (G,D)	Crackerbread (G,D)	Fruit Bread (G,D)	Toast (G,D)
Fruit	Fruit	Fruit	Fruit	Fruit
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Toad in a Hole (G,D,S,E,C)	Spaghetti Bolognaise (G)	Garlic Bread (G,D)	Lentil Dhal	Cheese Twists (G,D)
Yoghurt (D)	Bananas & Custard (D)	Hawaiian Chicken and Rice (G,S)	Jelly	Fish Pie and Mash (G,D,C,F)
TEA	TEA	TEA	TEA	TEA
Bagels and Beans (G,D)	Finger Rolls Vegetable Sticks (G,D)	Macaroni & Cheese (G,D)	Cheese and Ham Toasted Muffins (G,D)	Sausage Rolls & Spaghetti (D)
Traybake (G,E)	Yoghurt (D)	Flap Jacks (O)	Yoghurt (D)	Scotch Pancakes (G,D)

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AUTUMN TERM 2023 WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	SNACK	SNACK	SNACK	SNACK
Crumpets (G,D)	Bread and Butter (G,D)	Toast (G,D)	Breadsticks (G,D)	Fruit Bread (G,D)
Fruit	Fruit	Fruit	Fruit	Fruit
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Garlic Bread (G,D)	Vegetarian Curry (G,D)	Ham Carbonara (G,D,C)	Chilli & Wedges	Soft Cheese & Crackers (G,D)
Cowboy Bean Bake (G,M,S)	Ice Cream (D)	Fruit Salad	Sponge & Custard (G,D)	Cheese & Potato Pie with Mixed Vegetables (D)
TEA	TEA	TEA	TEA	TEA
Toasted Sandwiches (G,D)	Pasta Bake (G)	Fish Hotdogs (G,D,F,S)	Pizza (G,D)	Golden Veg Rice with Vegetable Sticks
Yoghurt (D)	Fruit Salad	Short Bread (G)	Yoghurt (D)	Bread Pudding (G,D)

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